



The Complete PrideNomad Index 2025 — Final Rankings (All 65 Countries)

Composite ranking across Digital Nomad Score, LGBTQ+ Rights, Safety, Social Acceptance, Healthcare Access, and Visa Inclusivity.

Rank	Country	Digital Nomad Score (1-5)	LGBTQ Rights (1-10)	Safety (1-10)	Social Acceptance (1-10)	Healthcare Access (1-10)	Visa Inclusivity (1-10)	PrideNomad Score	Composite Score
1	Spain	5.00	9	8	9	8	9	8.6	8.76
2	Netherlands	3.80	10	9	9	9	8	9.0	8.68
3	Canada	3.43	9	9	9	9	8	8.8	8.64
4	Portugal	3.18	9	8	9	8	9	8.6	8.44
5	Malta	2.61	10	8	9	8	8	8.6	8.36
6	Norway	2.91	10	9	9	9	7	8.8	8.28
7	USA	3.92	7	7	8	7	6	7.0	8.16
8	Finland	3.20	9	9	9	9	7	8.6	7.92
9	Uruguay	2.82	9	7	8	7	7	7.6	7.88
10	Thailand	2.42	8	7	8	7	8	7.6	7.84
11	Costa Rica	2.81	8	7	8	8	9	8.0	7.76
12	Iceland	2.00	10	9	10	9	7	9.0	7.40
13	Israel	3.70	7	7	8	8	7	7.4	7.22
14	Argentina	2.46	9	6	8	7	7	7.4	7.12
15	New Zealand	2.07	9	9	9	8	8	8.6	7.08
16	Czechia	2.93	7	7	7	7	7	7.0	6.92
17	Germany	2.61	9	8	9	9	7	8.4	6.88
18	Mexico	2.94	7	6	7	6	8	6.8	6.86
19	Chile	2.90	8	6	7	6	7	6.8	6.84
20	Italy	2.61	7	7	8	7	6	7.0	6.76
21	Colombia	2.89	7	5	7	6	8	6.6	6.68
22	Brazil	3.17	7	5	8	6	7	6.6	6.66

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23	Croatia	2.63	7	7	7	7	7	7.0	6.64
24	Taiwan	2.10	8	8	7	7	6	7.2	6.40
25	France	2.35	7	7	8	8	7	7.4	6.28
26	Greece	1.79	7	7	8	7	7	7.2	6.12
27	Cyprus	1.94	7	7	7	7	7	7.0	6.08
28	Vietnam	2.75	6	7	6	5	7	6.2	6.04
29	Ecuador	2.69	6	5	6	6	7	6.0	5.94
30	Panama	2.68	5	6	6	6	7	6.0	5.92
31	Estonia	2.07	7	7	6	6	6	6.4	5.90
32	Japan	2.01	6	8	6	7	5	6.4	5.78
33	South Korea	1.92	6	7	5	7	6	6.2	5.64
34	Latvia	2.01	6	6	5	6	7	6.0	5.60
35	South Africa	1.78	8	4	6	5	7	6.0	5.52
36	Nepal	2.30	6	5	5	5	7	5.6	5.52
37	Montenegro	3.98	4	5	4	5	7	5.0	5.50
38	Bermuda	2.47	5	6	6	5	6	5.6	5.44
39	Philippines	2.15	5	5	6	5	7	5.6	5.32
40	Albania	2.58	4	5	5	5	7	5.2	5.28
41	Andorra	2.37	5	6	6	5	5	5.4	5.24
42	Fiji	2.20	5	6	5	4	6	5.2	5.16
43	Barbados	1.82	5	6	5	5	7	5.6	5.16
44	Hungary	3.51	3	5	4	6	7	5.0	5.10
45	Romania	3.21	4	5	4	5	7	5.0	5.08
46	Georgia	2.38	3	4	4	5	8	4.8	4.92
47	Seychelles	2.53	3	5	4	4	5	4.2	4.90
48	Mauritius	2.88	3	5	4	5	7	4.8	4.86
49	Sri Lanka	2.39	4	4	4	4	7	4.6	4.76

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50	Armenia	2.78	2	4	3	5	8	4.4	4.76
51	Aruba	2.45	3	5	4	4	5	4.2	4.70
52	Namibia	2.10	3	4	3	3	6	3.8	4.40
53	Dominica	1.80	3	5	4	4	6	4.4	4.36
54	Türkiye / Turkey	1.94	2	3	3	5	7	4.0	4.32
55	Malaysia	2.42	2	4	3	5	7	4.2	4.28
56	Curaçao	3.09	3	5	4	3	5	4.0	4.24
57	Kenya	2.00	2	3	4	4	7	4.0	4.12
58	Saint Lucia	2.79	2	4	3	4	6	3.8	4.10
59	Antigua and Barbuda	2.78	2	4	3	4	6	3.8	4.08
60	Bahamas	3.59	2	4	3	3	6	3.6	3.96
61	Cabo Verde	1.77	3	4	4	3	6	4.0	3.82
62	Cayman Islands	1.76	3	5	4	3	5	4.0	3.82
63	Indonesia	1.77	2	3	3	4	6	3.6	3.54
64	Belize	1.75	2	3	3	3	6	3.4	3.40
65	UAE	4.14	1	3	2	4	5	3.0	3.36